

Section

7













Building a Whole School Approach to RSE

This section of the resource outlines what a whole school approach to RSE looks like and provides tips and tools to help schools build their knowledge and capacity so that policy meets practice. We introduce you to a range of creative audit activities designed to support you to evaluate your current RSE provision and identify where change is needed.



MIND THE GAP: Mapping RSE across the curriculum

Which **thematic areas** do you currently explore across the six areas of learning and experience (AOLE)? Use this quick mapping chart to help you audit what you already offer, and how, and note down ideas (possibilities and challenges) for future provision.

	 Expressive Arts	 Health and Well-being	 Maths and Numeracy	 Humanities	 Language, Literacy and Communication	 Science and technology	 Whole school environment
 Relationships and Identity							
 Sexual Health and Well-being							
 Empowerment, Safety and Support							

Go to the section **"Making the RSE CODE Matter"** for full details of the content for each theme, for each phase.

Making RSE Matter with Butterfly Bingo

a creative audit for a whole school approach to Relationships and Sexuality Education



A whole school approach to RSE has the potential to transform what RSE can become in your school.

The butterfly bingo is a tool that has been designed to support schools to engage with the new RSE curriculum and guidance in Wales.

It can be used to raise awareness of what might be included in a whole school approach to RSE or as an audit tool to evaluate current RSE provision and identify where change is needed.

Using this tool, the whole school approach is structured around 8 key domains:



Gather

together members of your school community to form a working group - a reminder that this is not a journey that can be driven forwards by one member of staff, or pupil.

Listen

and notice what's going on across different areas of your school. The following pages of the guide will share tools and activities to help you do this.

Evaluate

how your school is doing across each of the eight domains using the butterfly spectrum.

Share

with your school community how well the school is doing and what needs to change for the future.



You're just starting out



You're getting there



You're really flying!

There are blank squares for students, staff and wider school community to add their own ideas of how they think their school and community can be providing an inclusive, holistic, empowering, creative, co-produced and protective Relationships and Sexuality Education for all.

Why a butterfly?

The metaphor of the butterfly and its journey from caterpillar to pupa to butterfly captures the transformative potential of a whole school approach.

The idea of the 'butterfly effect' is also useful in helping us to understand how change can play out in an unpredictable and ever-changing school environment.

[The 'butterfly effect' is the idea that small actions can have an impact on complex systems, like the weather.

'...like a butterfly that beats its wings in one corner of the globe and with that single action changes the weather halfway across the world' (Alice Hoffman, Ice queen)]





Butterfly Bingo

a creative audit for a whole school approach to Relationships and Sexuality Education

KEY:

School leadership and policy	Safeguarding and support
Professional learning	School culture and environment
Curriculum and pedagogy	Student voice and participation
Community and partnership building	Reflection and Assessment

Undertake annual participatory action research inquiry to assess student, staff, parent/ carer and community needs

Co-produce assessment and evaluation with students

A clear and comprehensive RSE policy co-produced with students, parents/ carers, governors and staff

Celebrate activities and achievements for annual RSE day in the local community (25th June)

Uses a range of interactive and affirmative pedagogy

RSE annual student award

Organise accessible RSE themed events to build shared learning (e.g. parent/ carer coffee morning, school assembly, after-school drama performance or art exhibition)

Regular assessment and evaluation of how RSE provision is meeting student's needs

In-house and school counsellors and nurses providing support and provision in line with the school's RSE policy and practice

Audit how RSE is provided and experienced in the school across key learning environments (e.g. classrooms, playgrounds, corridors, school trips etc)

Support students to raise awareness and campaign on RSE issues

Regular drop-in sessions for parents/ carers to inform and comment upon RSE policy and provision

Support services available for core RSE team to access

Offer a holistic and inclusive curriculum, across each area of learning and experience

A designated management lead to take responsibility and co-ordinate whole school approach to RSE

Membership of RSE networks and organisations (e.g. sex education forum)

Ongoing critical reflective practice portfolio for RSE leads/ working group

Ensure key messages, learning and skills are reinforced across the school

Regular RSE training and development for RSE lead

Accessible and inclusive support services that meets the needs of all students

Make the school's RSE policy visible in different ways (e.g. RSE logo; posters, digital story on school TV; school assemblies; newsletters homes; school website)

A named RSE lead for each area of learning and experience

Regularly ask, listen to and act upon what students think makes for safe and inclusive learning environments (e.g. from resources used in lessons, to LGBTQ youth group)

Outreach RSE support and provision (e.g. by school nurse, counsellor or designated RSE leads)

RSE resources are assessed for their suitability and effectiveness

Celebrate moments of how, when and where core messages of the school's RSE programme has been reinforced

Experiment with creative ways to share reflections, assessments and evaluations in school, with parents/ carers and the wider community

Workload allocation for core RSE team

RSE is clearly timetabled and provided at regular intervals throughout the school year

Co-produce curriculum and pedagogy with students (e.g. from activities in lessons to fieldtrips and conferences)

Annual student-led, staff facilitated audit to monitor RSE provision, including support services

Collaborating with local and national organisations, services, groups and individuals who can support RSE provision

RSE is given high status by senior management

RSE action group with relevant agencies and key individuals to identify and share local knowledge and data on key health, well-being and safe-guarding issues

RSE cluster events to share practice

RSE policy is connected to other relevant school policies (e.g. anti-bullying, safeguarding, equalities, children's rights, VAWDASV, SEND etc.)

RSE taught by staff who are trained, supported and confident



Butterfly Bingo

a creative audit for a whole school approach to Relationships and Sexuality Education

KEY:

- | | |
|------------------------------------|---------------------------------|
| School leadership and policy | Safeguarding and support |
| Professional learning | School culture and environment |
| Curriculum and pedagogy | Student voice and participation |
| Community and partnership building | Reflection and Assessment |





Butterfly Bingo: School leadership and policy

a creative audit for a whole school approach to Relationships and Sexuality Education

A designated management lead to take responsibility and co-ordinate whole school approach to RSE



A clear and comprehensive RSE policy co-produced with students, parents/carers, governors and staff



A named RSE lead for each area of learning and experience



RSE policy is connected to other relevant school policies (e.g. anti-bullying, safeguarding, equalities, children's rights, VAWDASV, SEND etc.)



RSE is given high status by senior management





Butterfly Bingo: Professional learning

a creative audit for a whole school approach to Relationships and Sexuality Education

Membership of RSE networks and organisations (e.g. sex education forum)



Regular RSE training and development for RSE lead



RSE resources budget



Support services available for core RSE team to access



Workload allocation for core RSE team



RSE cluster events to share practice



In-house CPD and INSET for all staff and governors





Butterfly Bingo: Curriculum and pedagogy

a creative audit for a whole school approach to Relationships and Sexuality Education

External agencies support RSE in line with the school's own RSE values, policy and curriculum



RSE is clearly timetabled and provided at regular intervals throughout the school year



RSE taught by staff who are trained, supported and confident



Create a safe and inclusive learning environment for students and teachers



Offer a holistic and inclusive curriculum, across each area of learning and experience



RSE resources are assessed for their suitability and effectiveness



Uses a range of interactive and affirmative pedagogy





Butterfly Bingo: Community and partnership building

a creative audit for a whole school approach to Relationships and Sexuality Education

Celebrate activities and achievements for annual RSE day in the local community (25th June)



Collaborating with local and national organisations, services, groups and individuals who can support RSE provision



Organise accessible RSE themed events to build shared learning (e.g. parent/carer coffee morning, school assembly, after-school drama performance or art exhibition)



Regular drop-in sessions for parents/carers to inform and comment upon RSE policy and provision





Butterfly Bingo: Safeguarding and support

a creative audit for a whole school approach to Relationships and Sexuality Education

In-house and school counsellors and nurses providing support and provision in line with the school's RSE policy and practice



Outreach RSE support and provision (e.g. by school nurse, counsellor or designated RSE leads)



Accessible and inclusive support services that meets the needs of all students



Knowledge and access to local RSE services and regional, national and international RSE organisations



RSE action group with relevant agencies and key individuals to identify and share local knowledge and data on key health, well-being and safe-guarding issues

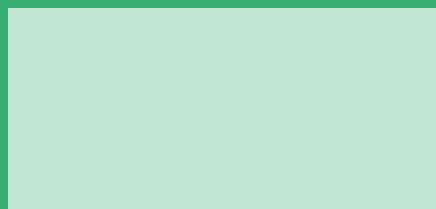




Butterfly Bingo: School culture and environment

a creative audit for a whole school approach to Relationships and Sexuality Education

Make the school's RSE policy visible in different ways (e.g. RSE logo; posters, digital story on school TV; school assemblies; newsletters homes; school website)



Audit how RSE is provided and experienced in the school across key learning environments (e.g. classrooms, playgrounds, corridors, school trips etc)



Celebrate moments of how, when and where core messages of the school's RSE programme has been reinforced



Ensure key messages, learning and skills are reinforced across the school



Experiment with participatory and creative ways to dip-test how core RSE messages are being practiced and reinforced





Butterfly Bingo: Student voice and participation

a creative audit for a whole school approach to Relationships and Sexuality Education

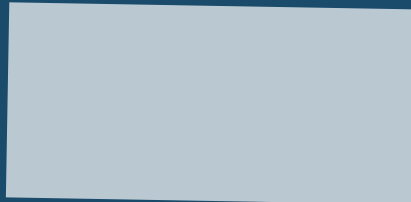
Annual student-led, staff facilitated audit to monitor RSE provision, including support services



Regularly ask, listen to and act upon what students think makes for safe and inclusive learning environments (e.g. from resources used in lessons, to LGBTQ youth group)



Co-produce assessment and evaluation with students



Support students to raise awareness and campaign on RSE issues



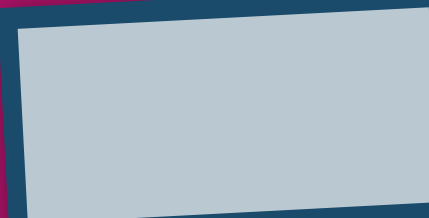
RSE annual student award



Set up a diverse student-led, staff facilitated RSE working group



Co-produce curriculum and pedagogy with students (e.g. from activities in lessons to fieldtrips and conferences)





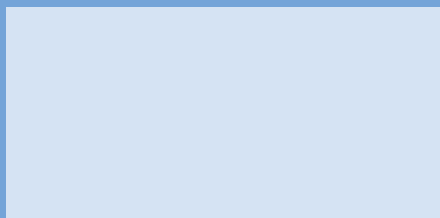
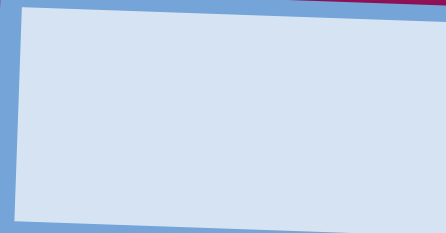
Butterfly Bingo: Reflection and Assessment

a creative audit for a whole school approach to Relationships and Sexuality Education

Undertake annual participatory action research inquiry to assess student, staff, parent/carer and community needs



Regular assessment and evaluation of how RSE provision is meeting student's needs



Annual RSE report sharing progress and future planning (accessible for students, parents/carers and community)



Ongoing critical reflective practice portfolio for RSE leads/working group



Experiment with creative ways to share reflections, assessments and evaluations in school, with parents/carers and the wider community

